

Get Fit All Year Round!

***Please Note: Some Classes Only Seasonally Offered**
(Click Class Names for Online Registration)

Fitness Classes	Drop-In Fee Per Class¹	Ages
<u>Kids Fit Yoga</u>	\$16.00	8 – 12
<u>Parent/Child Fitness</u>	\$10.00	5+
<u>PE for Homeschoolers*</u>	\$10.00	5 – 15
<u>Pilates Teens and Adults</u>	\$16.00	16+
<u>Swim 4 Fitness for Teens</u>	No Drop-In Option	12 – 17
<u>Taekwondo for Kids</u>	No Drop-In Option	6 – 11
<u>Teen Fit</u>	\$16.00	13 – 18
<u>Triathlon Training for Kids – Intermediate</u>	\$16.00	12 – 17
<u>Zumba Fit - Kids</u>	\$10.00	7 – 12

1 – Drop-in Fees are paid the day of class and receipts are given to the instructor.

[Register Online](#)

[View our complete guide and fill out the registration form](#) to register by mail, walk-in or fax (240-314-8759)

For more information email swimcenter@rockvillemd.gov

Learn more at www.rockvillemd.gov/swimcenter

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